Wochenmenü

vom       bis

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| Montag |       |  |
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| Dienstag |       |  |
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| Mittwoch |       |  |
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| Donnerstag |       |  |
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| Freitag |       |  |
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| Samstag |       |  |
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| Sonntag |       |  |
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| Sonstiges |       |  |

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| **Obst/Gemüse/Kräuter** | **Brot/Backwaren** | **Kaffee/Tee/Konfitüre** |
|       |       |       |
| **Nährmittel** | **Flocken/Nüsse** | **Reis/Nudeln** |
|       |       |       |
| **Feinkost/Soßen** | **Essig/Öl** | **Gewürze** |
|       |       |       |
| **Kühltheke** | **Tiefkühltheke** | **Konserven** |
|       |       |       |
| **Sündenregal** | **Knabberregal** | **Getränke** |
|       |       |       |
| **Haushalt/Hygiene** | **Sonstiges** | **Bäcker** |
|       |       |       |